Selbsteinschätzungsbumen für Schülerinnen und Schüler zur Vorbereitung auf die Schularbeit

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<th>Ich kann….</th>
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<td>… meine Meinung zu Themen wie z.B. Reisen oder Umgang mit Geld ausdrücken.</td>
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A VERY DIFFICULT 24 HOURS

Journalist Sandra Mills took part in an experiment to see if she could get through twenty-four hours without her mobile phone. Here’s what happened:

Day 1 Hour 1: My mobile is lying on the bedside table. It's still switched on. The screensaver of my baby son seems to be staring at me in reproach. I'm supposed to have switched it off by now. I will. Just give me a minute.

At 8:30 the phone rings. I don't answer because I'm convinced that it's someone ringing to check up on me. (1) .... I give my office and home numbers as alternatives. It's not exactly cheating, but I suppose it is bending the rules slightly. Then I switch it off.

Leaving the phone it home is the first hurdle. What if the train crashes and I need to call my loved one to say a last goodbye? What if like the man who got lost in the mountains I fall down a ravine and the only way out is an SOS message? “You're being ridiculous I tell myself” I tell myself (2) .... I take his advice leave the phone on the table by the front door and step into the world without it.

When I get to work, the phone on my desk rings. A friend is worried about me and wants to know if everything is alright. (3) .... She thinks this sounds terrible. Her mobile isn't working properly, but she is so addicted she can't even get it fixed. Every time she takes it to be repaired, the people in the shop say it's going to take three hours. She can't bear to be without it for that long. I understand how she feels.

At about 11:30 a very strange thing happens. I hear my phone ring. It's definitely mine because I am the only one in the office with a salsa ring tone. I check my bag. (4) ...... I left it at home. Remember? I hear it ring again and then I realise that it's just my imagination. My phone is haunting me. It's like being in a horror movie.

At lunchtime, I meet up with some friends and they all sit down, but leave their phones on the table so that they can be sure not to miss a single call or message. It's as if they were physically tied to their phones. (5) ...... It's a bit like when you have given up smoking and you see other people lightening cigarettes. I still keep hearing my phone ringing, but I am getting used to being without it. It's making my feel quite adventurous. I decide to walk back to the office instead of catching the bus. For a whole ten minutes no one can contact me.

By the end of the afternoon I have completely forgotten about my phone. I catch the train home and actually enjoy the journey. I spent Friday evening peacefully with my husband and children. (6) ..... I never thought I'd say it, but it's bliss.
The next day it takes me until lunch to remember to switch the thing back on. There are twelve voicemail messages and a few texts. There is nothing very important tough. (7) ....... The others can wait for me to call them back, when it's convenient for me.

A Everyone who really needed to managed to get hold of me.
B My phone isn't there, of course.
C My husband agrees with me.
D There are no interruptions and no one demanding long conversations.
E Instead, I record a message explaining that I'm going to be without my phone for two days.
F My brother calls to remind me it's my mother's birthday next week.
G I explain that I'm taking part in an experiment to spend twenty-four hours with my mobile switched off.
H Without mine, I feel liberated and even a bit pleased with myself.


Write your answers here:

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BARNSTAPLE
RESORT AND ACCOMMODATION DETAILS

Nestling beside the River Taw, Barnstaple is the most attractive, and one of the oldest market towns in Devon, unique for its blend of ancient history, distinctive shopping hotels, leisure and tourist opportunities. Barnstaple is the regional retail (0) __ of North Devon. It is renowned for its National, European and International awards for “Nations in Bloom,” as well as the “Prettiest Floral Town in Europe”.

Sights to see:
View (Barum) from 930 AD to Barnstaple at the millenium. Take a guided tour with entertainer and professional town guide Tom Evans or pick up (1) __ from either the Museum or the Heritage Centre. Discover for yourself the Longbridge over the River Taw’s Atlantic estuary, St Mary’s Church with its crooked spire and many other (2) __ into the history of this Saxon town.

Places to go:
Victorian Pannier Market six days a week offers (3) __ , crafts, bric-a-brac fashion and antiques. Butchers Row, a 150-year tradition of (4) __ is matched by freshly caught fish, home-made breads and cakes, with first class delicatessens. Savour the town’s international cuisine through its pubs and (5) __ of restaurants.

Things to do:
North Devon Leisure Centre provides a full range of sporting activities, (6) __ . Experience the thrill of go-karting, ten-pin bowling and cycle or walk the riverside Tarka Trails. For (7) __ , watch widely acclaimed dance, drama and music at the Queen’s Theatre or visit the royally-appointed Brannam’s Pottery.

Transport:
Extensive road, rail and bus links make Barnstaple easily accessible. There is plenty of town-centre car parking for both (8) __ with facilities for the disabled.

Come for a holiday - or just for a day - enjoy the best that’s Barnstaple.

North Devon Holiday and Accommodation
A an excellent leaflet
B coastal walks
C commercial centre
D shoppers and visitors
E exciting range
F local produce
G meat preparation
H more gentle pursuits
I romantic location
J fascinating glimpses
K gym and pool

Write your answers here:

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Quelle: [www.lancs.ac.uk/fass/projects/examreform/Pages/IE_Reading.html](http://www.lancs.ac.uk/fass/projects/examreform/Pages/IE_Reading.html)
Listening: 10 minutes

Task 1  ___ / 7 P.

You are going to hear a text about an earthquake. First you will have 30 seconds to study the sentences below. Then you will hear the text twice. While listening, complete each sentence (1-7) in a maximum of FOUR words. There is one example (0) at the beginning. After the second listening, you will have 30 seconds to finalise your answers. Start studying the sentences now.

EARTHQUAKE IN PERU

0 _____Thousands of____ people are homeless.

1 The earthquake happened __________________________ yesterday.

2 The Geological Survey measured __________________________ on the Richter scale.

3 Arequipa is the __________________________ city in Peru.

4 The epicentre of the earthquake was 50 miles __________________________

5 The earthquake was also felt in Chile and __________________________.

6 There is a town where __________________________ per cent of the buildings have been ruined.

7 The most seriously hit part of Arequipa is __________________________

Quelle: www.lancs.ac.uk/fass/projects/examreform/Pages/IE_Listening.html
Task 2

You are going to hear a text about English courses. First you will have 30 seconds to study the table below. Then you will hear the text twice. While listening, match the course descriptions (A-G) to the courses (8-12). There is one example (0) at the beginning. There is one description that you do not need to use. After the second listening, you will have 30 seconds to finalise your answers. Start studying the task now.

### ENGLISH COURSES

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<th>This course</th>
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<td>A has lessons only in the morning.</td>
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<td>B gives you practice in note taking.</td>
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<td>C teaches you to make phone calls.</td>
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<td>D offers lessons all day.</td>
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<td>E improves your conversation skills.</td>
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<td>F helps you study on your own.</td>
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<tr>
<td>G focuses on writing and discussion.</td>
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Quelle: [www.lancs.ac.uk/fass/projects/examreform/Pages/IE_Listening.html](http://www.lancs.ac.uk/fass/projects/examreform/Pages/IE_Listening.html)
You are going to read a text about Andrew and how he has learnt to deal with money. Some parts of the text are missing. Choose from the list (A-N) the correct part for each gap (1-11) in the text. There are two extra parts that you should not use. Write your answers in the boxes provided. The first one (0) has been done for you.

**LIFE LESSON'S**

Andrew, 25

When I moved out of my parents' home into my first flat, I got into big trouble with money. I never looked at my bank statements. I knew my salary was paid (0) ... every month but I just took (1) ... however much I needed. I sometimes even gave money (2) ... to friends who didn't have enough. The stupid thing was that I worked in the foreign exchange department of a large bank so I spent all day checking which currencies had gone (3) ... and which had come (4) ... . But I never bothered to look at my own account. Of course I soon ran (5) ... of money and started to build (6) ... a large debt. I realised that I had to cut (7) ... and go (8) ... some things.

Eventually I paid (9) ... my debt. Now I sit down every month and add (10) ... how much I've spent and compare it with how much money I have.

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Quelle: Barbara Thomas, Amanda Thomas: Complete First Certificate. CUP 2008, p. 45, leicht adaptiert
INTERNET ACCESS GROWS BEYOND 104 MILLION AMERICAN ADULTS

According to the Pew Internet and American Life Project, the number of American adults who have access to the Internet grew by 16 million in the second half of before 2000, as women, minorities and families with so modest incomes continue to join the online population.

Altogether, for more than 104 million adults had access to the Internet at the end of last year. The project also has made an initial calculation of the number of American children who have online to access. Approximately 30 million children – 45% of people younger than 18 years of age – are connected to the Internet.

Almost three-quarters of middle school and high school students ages 12-17 have Internet access and a 29% of children younger than 12 are able to be connected to the Internet. Lee Rainie, director of the Pew Internet Project, she noted, “So much attention has been focused on the Woes of dot-com firms in all recent months that many persons have lost sight of the fact that the appeal of getting access to the Internet is still very strong. We see the substantial increases in Internet penetration across the board, and that is changing the character of the Internet population, which looks at more and more like the rest of America.”

Quelle: www.lancs.ac.uk/fass/projects/examreform/Pages/IE_Reading.html
Writing

Letter of complaint

You and your parents spent a 10-day holiday at a hotel whose advertisement you can see below. Some of the services listed in the advertisement were not available. Write a letter of about 150 words to the manager in which you complain about the following:

• no porter on arrival – long wait
• spa pool, sauna – under construction
• camera stolen from the car in the car park
• neighbouring disco noisy at night

ABBEYGLEN CASTLE HOTEL

Clifden, Connemara, Co. Galway, Eire.

Abbeyglen Castle is a four star luxury hotel set in idyllic gardens with open fires, candlelight dining, elegant bedrooms, Jacuzzi spa pool, sauna, afternoon Tea, car parking, porterage, warm welcome and peace and quiet.

Golf, fishing, pony trekking and hill walking nearby.

Pets welcome.

SPECIAL OFFERS

Any 3 days June £179
Any three days July/August £199
DINNER, BED AND BREAKFAST

Quelle: www.lancs.ac.uk/fass/projects/examreform/into_europe/writing.html.